

NUNAWADING
CRICKET CLUB



EST. 1927

Online Coaching Sessions

Session 1 - 2021/22 Season

WELCOME & INTROS

- PLEASE STATE YOUR NAME AND WHY YOU
ARE ATTENDING

Session 1	Session 2	Session 3	Session 4
25/8/20	8/9/20	22/9/20	6/10/20
Duration: 1.5 hrs	Duration: 1 hr	Duration: 1 hr	Duration: 1 hr
Topics: <ul style="list-style-type: none"> • Club background / history • Club philosophy and values • Child safety • Week in the life of coach / team manager • Game day preparation – online scoring, ground set up etc • Developing your coaching philosophy and style 	Topics: <ul style="list-style-type: none"> • Getting parental buy in • How to plan and run a training session • Example intro, warm up, skill development, modified game and cool down 	Topics: <ul style="list-style-type: none"> • Batting basics • Error correction • Fun batting drills 	Topics: <ul style="list-style-type: none"> • Bowling basics • Error correction • Fun bowling drills
Presenter: various	Rob Ferdinands and other current junior coaches	Rob Ferdinands	Rob Ferdinands
Where: Online	Where: Online	Where: Online / Oval*	Where: Online / Oval*
Start Time: 2pm	Start Time: 2pm	Start Time: 2pm	Start Time: 2pm

PROGRAM OVERVIEW

REBUS PUZZLES

- To help get the brain working!
- Don't yell out the answer, everyone will have 15 secs think time
- Look at the shapes, positioning, colours etc

SKIING

moonceon

TICKLED

	DUMP	
D		D
U	GOOSE	U
M	FEATHERS	M
P		P
	DUMP	



Dave Cowell - President

CLUB BACKGROUND / HISTORY

On Field

- Started as Tunstall Cricket Club in 1927-28 and based at Silver Grove Nunawading
 - Nunawading was called Tunstall until 1946
- 1-2 teams initially but, after the war, grew to 3 then 4 with moderate success
- From 1957-1983 were a powerhouse, winning several top grade premierships
 - 16 Grand Finals for 11 Premierships
- Struggled for years from 1995-2015 then success again with 3 successive First XI flags
- Sri Lankans all moved on and we have gone back down the grades
- Several great and friendly rivalries particularly with Blackburn and Heatherdale

Off Field

- Have always been a very social club with great people, professional committee, great facilities





PHILOSOPHY & VALUES

Our Mission Statement:

- To be a large, strong, successful and inclusive cricket club that provide opportunities for junior and senior players of all ages and skills to have fun, play in successful teams, develop their skills and be the best they can be.

How we aim to achieve this:

- On field. Provide an environment where cricketers can play the best cricket they are capable of both as a team and individually;
- Off-field. Proactive and responsive administration working together to achieve the clubs' objectives;
- Provide opportunities for junior and senior players to improve skills, increase fitness and learn how to improve their cricket. Ensure training sessions include a focus on all of these elements.
- To be inclusive: Ensure that anyone who wants to play cricket for Nunawading can play cricket for Nunawading. Talent is not a criteria for selection. This is a great strength of ours and we want to keep it.

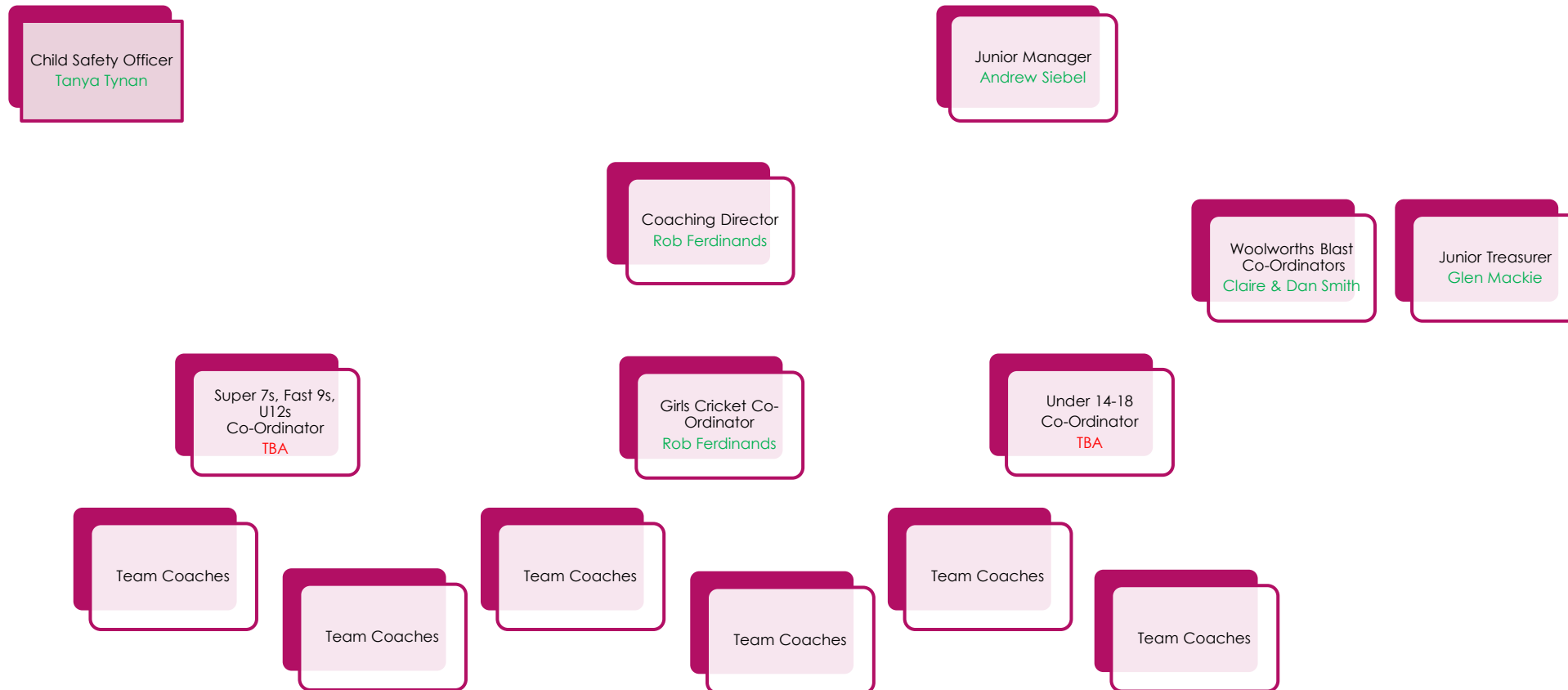
<https://nunawadingcc.com/mission-statement/>



NCC JUNIOR PROGRAM

- Friday nights at the club:
 - Community night
 - Bringing families together
 - Sharing in our children's success
 - Themed nights (Curry night, Christmas, etc.)
- Quality people:
 - 'One club' culture
 - Focus on Child Safety
 - Quality coaching & player development
- Impact of COVID-19?

NCC JUNIOR ORGANISATION STRUCTURE





A N D R E W S I E B E L
J U N I O R M A N A G E R

- ▶ Face of Junior Club
- ▶ Run monthly meetings and accountable to club committee
- ▶ Ensure all pre-season plans are in place (school clinics, rego day, etc)
- ▶ Attend or delegate attendance to BHRDCA meetings
- ▶ Ensure ongoing family communications (email)
- ▶ Coaching structure and philosophy
- ▶ Stakeholder management (internal and external)
- ▶ Liaison with Cricket Victoria
- ▶ Working With Children compliance (with Child Safety Officers)
- ▶ Work closely with each of the following committee members



ROB FERDINANDS
COACHING DIRECTOR



JOSH RICHARDSON
ASST COACH

- ▶ Supports Team Coaches
 - ▶ Match day and equal opportunity approach
 - ▶ Technical skill development, including 1-1 and 'Cricket IQ'
- ▶ Practice structure and specialised coaching
 - ▶ Plans & desired outcomes
 - ▶ Format & style
 - ▶ Ensuring practice is a fun, engaging and a learning process

CHILD SAFETY

The Nunawading Cricket Club committee commit to promoting and endorse:

1. Australian Cricket's Policy for Safeguarding Children and Young People
2. Australian Cricket's Looking After Our Kids Code of Behaviour for Affiliated Associations and Clubs, and
3. Australian Cricket's Looking After Our Kids Code of Behaviour for Australian Cricket Personnel

Child Safety Officer: Tanya Tynan

- 'Safeguarding Children & Young People' standing agenda item for all NCC Committee meetings
- All coaches, team managers and senior leaders at the club require WWCC
- Align coaches with our culture of Child Safety

A WEEK IN THE LIFE OF A COACH

On-going:

- Wellbeing/Issue management
- Parent comms

Weekly:

- ▶ Team composition and numbers
- ▶ Training plan & coordination (focus on skill development)
- ▶ Game day preparation (batting/bowling rotations)

A WEEK IN THE LIFE OF A TM

On-going:

- Teams contact and liaison (availability & absences)

Weekly:

- ▶ Match day comms via text/email/WhatsApp (time, venue & opposition)
- ▶ Food/Scoring roster (bring own food due to Covid)
- ▶ Friday night duty (if applicable)

COACHING PHILOSOPHY & STYLE

- Purpose – why do you coach?
- Leadership style – what is your style? Participative (players involved in decision making), directive (set direction, make most of the decisions) laissez-faire (make few decisions, leave to team to determine direction)? Is one better than the other? Can you use more than one? Does age / experience of players impact style?
- Values – what do you value the most and always strive to be true to as a coach?

COACHING PHILOSOPHY & STYLE CONT'D

Rob's Coaching Philosophy

1. Positive - Everyone has the potential to improve if you provide the right environment
2. Constant learning - No one of us is smarter than all of us. Two way feedback is gold.
3. Maximum participation at practice - Little to no standing around. Always involved.
4. Challenge - Opportunities for stretch. Participants working outside of comfort zone.
5. Legacy - Club and players left in better place when you leave

Activity - identify your purpose and preferred leadership style. Write your coaching philosophy.



SESSION 1 WRAP



Each participant to highlight something they learnt today – can't repeat someone else's!



How could we improve this session?



Any other comments?