

# Nunawading Cricket Club - Winter Log



Season 2014 to 2015

## PRESIDENTS REPORT

Welcome back to cricket and the continuation of our journey back to McIntosh Shield. We had a terrific season in all respects last season and our aim as a playing group and administration should now be to exploit this momentum, continue to work hard to be the best we can be as cricketers and to provide an environment that allows us to do so.

There have been some subtle changes to our program this season but the aim to play pressure cricket, make the opposition do what they don't want to do and to bat and bowl in partnerships and to a plan will still be our focus in the top grades. Our coaching staff from last season, Roger Young and Ken Hanna, have both moved on and we wish them every success for the future whilst thanking them for their efforts which helped contribute to two senior premierships last season.

This season, Buddy Mendis will take over the coaching responsibilities across both senior and junior clubs. Buddy will be at Nuna most nights and will run a tough and tight program for those interested in participating. Buddy is back in Sri Lanka at the moment waiting for a visa to return so we will have to get by without him in the meantime. Buddy will be spending a lot of time with our younger players, coach our top Under 14 team and help these boys prepare for the transition to senior cricket. We will also be running a 'Cricket IQ' program for our juniors where we will spend classroom time with them discussing and developing the psychological elements of the game such as defending low scores, chasing high scores, turning over the strike etc. These skills, it could be argued, are as just as important to a cricketer as the batting, bowling and fielding skills that will be covered in the regular sessions.

We are likely to have a large number of new players this season. If you are one of them, a very warm welcome to you, if you are not, may I please request that you make all new players you meet feel at home and part of the Club. As all current players will agree, one of our best attributes is making new players feel welcome so let's continue doing that. As a result, we will field at least one new team this season which is fantastic. As a result of winning two premierships, we are moving up the grades with the top 3 sides and the 1-day side all playing higher. Our less experienced and less accomplished cricketers will play in lower, 64 overs per day, grades where the games will be split into two 32 over sessions each day allowing each team to bat and bowl each day, making it more fun for those of us focused on the social and fun elements of the game.

I look forward to seeing you all soon and encourage you to think of contributions you can make to the club to make it a better place for all both on and off the field.

Yours in cricket

Dave Cowell

Club President

Pre-Season training currently running at Maddocks Indoor, Thursday nights 7pm.

Outdoor training to commence Sunday 24th August at Bob Saker Oval— 11.30am

Club Sponsorship Packages now available.

## A Note from the Treasurer

**\*\*Subs for 2014—2015\***

\$300 if paid prior to 20th October

\$330 for all new players paid before 20th October.

**Guys please remember that you can start paying your subs off now! This will help to ease the burden later in the season. Make it easy on Derek and the Committee by making part payments by EFT now.**

**The Bank details are:**

**Bendigo Bank**

**BSB 633 000**

**Account Number - 139 287 742**

**Include your surname in details field.**

**JC CONSULTING PTY LTD**  
**The Boutique Financial Planners**



## MESSAGE FROM TREASURER

We would like to invite you, your family and friends to help us build on our premiership successes and play and support the Nunawading Cricket Club in Season 2014-15.

### Senior Player Subscriptions:

Player Subscriptions are \$300 per season if paid by October 20 or \$330 for payment after October 20.

We would like to again encourage all players to do what they can to pay some or all of their subs before the season and/or as early as possible.

Early payment is very much appreciated and supports the club's early season playing expenses that include Ground hire, Association Fees, Equipment and Insurance.

### Discount Subscriptions:

To all students that are Senior Players a discounted subscription of **\$160** will be offered.

### Juniors Player Subscriptions:

Junior Player Subscriptions will be **\$100 per child** and **\$190 for a family membership**

All **new junior players** will play their **first year at NCC for free**.

### Payment Details:

Please consider **pre and early season payments** via a regular or one-off **direct credit** to the following account.

Account Name: Nunawading Cricket Club

Bendigo Bank

**BSB: 633000**

**Account Number: 139287742**

Reference - Please state your surname in the payer details field

### Financial Hardship

We don't want anyone to miss out on playing cricket and understand that periods of financial hardship can happen to us all.

If you are a senior player, please see **Roger Harrison** - and for junior parents please see **Rob Nash** - and in confidence we will make an arrangement.

### Merchandise

We have Nunawading CC hoodies in stock and available at **\$40 each**.

Sizes are:

Adults: XS - 3XL,

Kids: 6, 8, 10, 12, 14, [XS in adult is the next size up],

Ladies: 12, 14, 16, 18

If you would like to order any merchandise, please email Roger Harrison on [roger.harrison78@gmail.com](mailto:roger.harrison78@gmail.com) and state the quantity and size.

Other merchandise available includes – **shorts, caps, playing (white) and social (purple) shirts**



## NUNA CC ONLINE

Reminder that Nunawading Cricket Club now has their own Smartphone App.

It'll keep you up-to-date with Team Selection, Fixtures, Scores, Ladders, Availabilities, directs links to NCC Facebook & Twitter pages, News & Events.

Get the Nunawading Cricket Club Team App at <http://teamapp.com/app>, or download Team App directly from the Apple App Store or Google Play. It's 100% FREE!

Launch Team App and search for Nunawading Cricket Club.

Then:

1. Sign-up to Team App. You'll be sent an email to confirm your registration.
2. Log in to your club's App and request more access. Click on the settings icon in the top right of the app, and then choose an access group.

If you don't have a smartphone, your email address can be added manually and you'll receive email notifications.

### **Pre-Season Training:**

*Pre-Season sessions have commenced at Maddocks Sports, 10/11 Mary St. Blackburn as follows:*

Thursday Nights 7pm to 8.30.

Meet in the Car Park in Mary St, at 7pm for warm-ups.

You will appreciate that it costs the club money to hire the nets each night, so please be prepared to contribute to each session that you attend.

### **Outdoor Training**

Senior outdoor practice commences this Sunday at Bob Saker Oval at 11.30 am.

We will doing fitness and fielding drills before hitting the nets and bowling machine.

### **1 day Side**

The club is again aiming to field a 1-day team in 2014/2015, in addition to the 4 teams fielded last season. If you are interested in a game but are not available every week and would like to play a few Saturdays please contact David Cowell on [dgcowell@live.com.au](mailto:dgcowell@live.com.au)

## CLUB SPONSORS

The club wishes to thank the following club sponsors, which have already committed to supporting Season 2014—2015.

### **JC CONSULTING PTY LTD** **The Boutique Financial Planners**

Ph: 03 9827 7211

Fax: 03 9827 6211

Email: [info@jcconsulting.com.au](mailto:info@jcconsulting.com.au)

Website: <http://www.jcconsulting.com.au/>



**CALL CENTRE 13 000 CORSEC**

Website: <http://www.corsecservices.com.au/>



Tel: 03 9894 8467

Email: [BlackburnSouthMailbox@bendigobank.com.au](mailto:BlackburnSouthMailbox@bendigobank.com.au)

Website: [www.bendigobank.com.au](http://www.bendigobank.com.au)



Shop M15, 270 Canterbury Rd, Forest Hill

Tel: 9877 5665

Website: [http://www.dench.com.au/loc\\_fhc.html](http://www.dench.com.au/loc_fhc.html)

## NUNA NEWS



### **NUNA GOLF DAY**

Please keep Sunday October 18 free.

We have a Golf Day at Warragul. 9 am tee off.

We will be looking to get a bus to allow a few cold drinks to be consumed (on the way back!).

Nuna CC Social Committee

### **Nuna CC celebrates at BHRDCA Presentation Night**

Danny Martin -1-day Premiership captain, David Cowell - winner of RJ McIntosh Trophy for outstanding services to cricket, Scotty Millar - 1-day C Grade Batting Average winner, Keith Joyce - Nuna Life Member, past RJ McIntosh Trophy winner & Legend, Stu Hamilton - Nuna Life Member and First XI Premiership player, Jeff Woolley (first played at Nuna 40 years ago), Greg Clark past President and collector of B Grade association batting average for Trent Batchelor, enjoyed the spoils of a very successful season for Nuna at the BHRDCA Presentation Night on Friday April 4.



## NUNA NEWS

Nunawading CC continues to pride itself with its connection to outstanding sporting achievements of young members of the Nunawading CC community.

Kasey Moore, is the Daughter of Club Life Member and BHRDCA Life Member, Tim Moore.

Tim's involvement with NCC over 20 years, saw him take on the NCC Junior Section Manager for several years, and also taking the role of the BHRDCA Junior Development Manager for many years.

Joshua Richardson, is a current Under 14's player to the club and has been with the club for the past 8 years, spanning back to Milo cricket. Joshua has achieved great personal success away from cricket in his Karate pursuits.

Both Kasey and Joshua have provided personal messages, which provide great insight toward how they set about achieving their goals.

Nunawading CC congratulates both Kasey and Joshua for their achievements.

## NUNA CC KIDS – KASEY MOORE

Identified by one of the parents at Wantirna Primary for her athletic ability, Kasey commenced Little Athletics at Ringwood as an 8 yr old and finished as a 14 yr old in 2011. Over the course of her 7 years at Little Athletics, Kasey won several State Championships, initially in the short hurdles 60m/80m/90m and finally the 300m hurdles. Kasey was also selected in the Victorian LA U15 team as one of 2 female athletes to compete at the Australian Championships in the Multi Event ( pseudo Heptathlon)

Since leaving Little Athletics, Kasey currently competes for Ringwood in the Athletics Victoria competition, she initially concentrated on the 200m hurdles (U15-U16) medalling at the Victorian Championships and making the Final at the National Championships in both 2011 and 2012. In November 2012 Kasey progressed to the U17 400m hurdles as a 15yr old where she won the Victorian All Schools Championship and then was crowned Australian All Schools Champion in Hobart a month later. As a result Kasey was selected to represent Australia ( U18 team) at the Australian Youth Olympic Festival held in Sydney during Jan 2013, this event saw her exposed in an Olympic Team environment for a week before Australia competed against countries such as China, Brazil and New Zealand. Kasey finished 2<sup>nd</sup> in the 400m hurdles and 3<sup>rd</sup> in the medley relay team.

Kasey then went on to win the U17 -400m hurdles at the 2013 Victorian Championships and then the Athletics Australia Championships held in Perth during March, resulting in her selection in the Australian U17 Development Squad known as the "Spark" which included a number of training sessions under the guidance of Athletics Australia, including a 5 day training camp at the AIS – Canberra

Whilst Kasey has had a lot of success with her athletics the 400m hurdles event has been the real success story for Kasey, again winning the Victorian Junior Championships in 2014 and also making the Athletics Victoria Open Age Final a month later where she finished 5<sup>th</sup>. Although Kasey did not win the Australian title in 2014, she was selected in the Australian U20 team to compete in the Oceania Championships last month in the Cook Islands. Kasey won the 400m hurdles event and was also part of the 4 x 400m relay team that won gold and set a new Oceania record. **CONTD'**



## NUNA CC KIDS — KASEY MOORE

In her last year at school, she is concentrating on gaining a high VCE score before returning to serious competition in November, a later start but one that is justified. From a parents point of view she is highly motivated and disciplined., her training ethic is about quality not quantity. Kasey has made many friends and travelled comprehensively throughout Australia, she has enjoyed the thrill of winning and the disappointment of losing, but has always given her best. Why has she been successful ? only Kasey can answer that so here is what she thinks -

*Success doesn't come from pure talent, well not for me anyways. It's more than just training 3 times a week (which compared to many athletes my age isn't every often) or competing every weekend. My success has majorly come from the support of family, friends and training partners. My parents create the opportunities for me to compete at such a high level, however since they do not train with me, they cannot motivate me to get through tough sessions that are both physically and mentally exhausting. This is where my training partners are the one of defining influences for my success. It's cliché to say it, but there's a reason that it is, because it really does make a difference to how you perform. During competition season, as I'm the only person in my training stable to train for 400m Hurdles, they are always cheering me, offering vital encouragement to keep me motivated.*

Throughout the course of learning the ropes of 400 metre hurdles, you come to the conclusion that without hard work and persistence, success will not come. You learn to accept that you're not going to get every race or every session perfect (as I too am yet to get a perfect race), and learning to accept and cope with the results you obtain will assist in achieving success. It's important, not only for 400m Hurdles but also for every sport, that you break apart your performance, learn what you did right and what can be improved. Every time you compete something will become better, big or small, you will improve; these recurring small successes gradually build, and can enable you to create a hopeful future, ultimately leading you to be as successful as you can and want to become. Something that I always think about when training and having one more rep or one more hurdle to clear is that when I'm done, I'll be that much closer to my goal of a gold medal. Keeping your potential success in mind can motivate you to do anything.

Kasey Moore



## NUNA CC KIDS – JOSHUA RICHARDSON

Joshua started learning traditional Japanese karate aged 4, and has over the journey of the last 9 years attained his junior black belt, competed in Japan for Australia, is the 2014 Victorian State Champion (under 12/13 -55kg) and 2014 Australian silver medallist at the recently completed Australian Karate Federation National Championships held in Perth.

We started Joshua in karate to give him focus and the opportunity to apply his skills at an individual level. Playing cricket and football allows him to participate as a team member, karate allows him to excel on a completely different level; challenging his personal drive and commitment to training and competition.

Joshua has been successful within his association over a number of years, however 2014 has been the first year he has competed internationally and at the elite level. After completing his black belt Joshua wanted to turn his attention to competing at the elite level and entered a warm up tournament achieving gold in kumite (fighting) and silver in kata (forms). Next on the schedule was the Victorian State Championships, where never having competed before we set the bar fairly low, never expecting Joshua to win gold and be State Champion. Awesome effort! Next on his timetable was an International event in Japan, competing individually he achieved gold, and as part of a team event, bronze.

Invited to train with the Victorian State squad, Joshua trained every Friday night against U21 Australian and world champions in gruelling sessions (not for the light hearted), Saturday afternoon squad training and club training Monday and Wednesday, as well as assisting his father at his karate dojo when not at footy training. This all culminated recently at the AKF National Championships where Joshua was beaten by 1 point. Silver was the colour of the day, but the seed has been sown and training begins in earnest to go one better next year.



Joshua, now 13 has a clear vision of where he wants to be in the world of karate. He understands the training commitment required and in some cases the challenges (weigh in - he really struggled to keep his weight under 55kg as he grew). At the elite level the sport is brutal. Mentally and physically karate requires speed and stamina, and a cool reservedness to manage each fight on the day, in the moment. As Joshua continues to compete at this level he will have good and bad days, but will always learn a little bit more about himself and as a parent what more can you want.

*I have been lucky to have had excellent coaches and great family support throughout my very short karate journey. When training I always aim to work harder than my last training session to improve my mind and stamina. This allows me to identify gaps in my skills and work on them either in the dojo or at home. Before I compete I always visualise the outcome, I treat every competition and every opponent on their merit and look for gaps in their skills to create an opportunity to win. Losing is part of competing. I take it in my stride, congratulate my opponent and seek to understand what I could have done differently to influence the outcome. I never plan to lose but it does set off a fire in my belly to go harder next time. I learnt at the Nationals I have weaknesses that need to be addressed and have already begun to work on these.*

Joshua's next goal is to regularly represent Australia internationally. He has the drive and hopefully he achieves the success he desires.

## FROM THE PIRATES CHEST



# FROM THE PIRATE'S CHEST

## NUNAWADING JUNIOR CRICKET CLUB



### From the Junior Manager

Welcome to season 2014-2015!! After a very successful season in 2013/14 for Nunawading (both Juniors and Seniors), the Nunawading Junior club continues to go from strength to strength. This season we expect to have additional teams, which will be supported by additional and more focused coaching. In addition to continuing to ensure enjoyment and fitness for all of our juniors, player development will be a focus in 2014/15. In order to achieve this, the Club is committed to providing our older and more advanced juniors with coaching, training and 'cricket awareness education' which will increase their cricket development and hopefully build on our recent on-field performances. This will continue to be underpinned by ensuring that Nunawading Cricket Club continues to focus on enjoyment, participation and fitness for all players.

There has been a significant focus on planning for the upcoming season and I hope the results of this are evident as we move into Spring and increased sunlight!! Nunawading Cricket Club is fortunate to have some of the best facilities in the competition, and I am sure you will all agree that it is great to end the week on a Friday Night, while watching our young cricketers enjoying their sport, developing their skills - all in a family friendly atmosphere, which is enjoyed by all.

Name	Role	Email	Phone
David Cowell	Club President	<a href="mailto:dgcowell@live.com.au">dgcowell@live.com.au</a>	0438 569 822
Robert Nash	Junior Manager	<a href="mailto:rob.nash@y7mail.com">rob.nash@y7mail.com</a>	0409 357 642
Derek Clark	Junior Treasurer	<a href="mailto:derekc@fbttranswest.com.au">derekc@fbttranswest.com.au</a>	0439 380 273
Paul Allen	Milo Co-Ordinator	<a href="mailto:pall9800@bigpond.net.au">pall9800@bigpond.net.au</a>	0400 675 566
Buddy Mendis	Junior Coaching Coordinator	<a href="mailto:buddhikamsg@gmail.com">buddhikamsg@gmail.com</a>	0403 223 706

### Teams 2014/15

**Under 14** - With 2-3 likely teams this season, Buddy Mendis and Brad Gant will be coaching our older teams in 2014/15. Brad did an exceptional job coaching the U12B boys last season, and we look forward to continued success this season. Buddy, who not only played a significant role in helping the Nunawading Senior team win a premiership in 2013/14, also assisted at varying times with the Junior teams in 2013/14. Buddy is now in a position to fully commit to coaching the U14s, and will also play an overall coaching role at the club.

**Under 12** - This season, we will nominate 2 teams on a Friday night. One of these teams will be players who are more experienced, with one also to be nominated for the development grade (with slightly modified rules). This grade is perfect for players coming up from Anklbytrs and/or new players to cricket. Russell Warburton who is an old Nuna boy from way back will be returning to coach one of the U12 teams.

**Under 10 (Anklbytrs)** -Under 10s is non-competitive, fun cricket. The aim is that each player bowls and bats for the same number of balls in a 100 ball innings. The emphasis is not on competition or winning but simply having fun and learning the game. It is ideally suited for boys and girls who have previously participated in the Milo program, and are now looking at taking the next step. It is great to have Jean-Paul Lefebure stepping up to coach one of the U10 teams this season. Jean-Pauls son participated in the Milo in2Cricket program last year, and Jean-Paul is looking forward to getting straight into the season.

The club is currently finalising other coaching positions for the remaining teams.

## Season Report - Juniors

### Milo in2Cricket

The MILO in2CRICKET program is run as an introductory cricket program for boys and girls aged 4 to 8 years old. The program looks to educate children in a range of fundamental motor skills important to children's development such as hitting, catching, throwing, running, balance and co-ordination for varying individual skill and age levels. Important social skills including teamwork, co-operation, communication, and fair play are also desired outcomes of the program. By being involved in the MILO in2CRICKET program, children begin the Cricket Australia pathway and may one day become a Test star. Paul Allen will manage the Milo program this season, following on from the great job Paul has done for the last two years. Paul is passionate about seeing all children enjoy their cricket and learning the basics of the game. Paul is a natural when it comes to working with young children, and is very good at adapting the Milo program specifically to the varied levels of experience that each child has.

This season, all Milo participants receive:

A structured 14-15 week program which seeks to provide each participant with the opportunity to develop cricket skills, physical fitness, social skills, sportsmanship and understanding of the game of cricket.

An exciting giveaway pack exclusive to the program which includes a cricket bat, cricket ball, hat, T-shirt, activity book, Sticker Stumps, MILO and more.

### **Training for U14, U12 and U10 starts on Wednesday 10 September at 5.00pm at Mahoney's reserve**

**U10, U12, U14** - Wednesday training sessions will commence on 10 September at 5.00pm at Mahoneys Reserve. Sessions generally go for 75-90 minutes. As Daylight savings starts, we will look to stagger the start of the training times to maximise facilities.

### **Junior Registration Process and subs**

The club is always mindful of ensuring that cricket is affordable, and is therefore delighted to be able to announce that our registration fees will remain unchanged for 2014/15. There are costs associated with playing and running the club, however we believe that our subs remain very affordable especially compared to other sports. Subs for 2014/15 will be:

\$100 per child. \$10 discount if sibling is enrolled for Milo In2Cricket

\$190 per family, \$10 discount if sibling is enrolled in Milo In2Cricket. Family registration does not cover the cost of Milo registration as we have to pay Cricket Australia for the Milo packs.

First Year players will again play for free (U10 or above). This includes players who played the majority of their games in the Milo program in 2013/14.

Complimentary cap for new players

Match Day Shirt is compulsory. To help with ordering shirt numbers, please advise on the Registration Form at the back of this newsletter. (Please note, U12 players from last season playing U14 this season will play in a Nunawading Cricket Club shirt this season – not a Pirates shirt).

Membership will also entitle families to have access to the Social Rooms for private functions at no cost (aside from bar and associated running costs).

Milo in2CRICKET – \$90 this includes the player kit from Cricket Australia. If you are a second year Milo participant, and do not require a kit, there will be a cheaper registration option available.

To help ensure the club can keep registration fees as low as possible, I please ask that fees be **paid at the start of the season**. This will help the club better manage its costs which are often incurred early in the season, and will also allow us to focus our time on running the club – and not having to 'chase fees'. On saying that if subs payment is an issue for you, please contact Robert on 0409 357 642. At Nunawading, no child will be refused the opportunity to play cricket.

Robert Nash  
Junior Manager  
0409 357 642



## CLUB SPONSORSHIP

### Sponsorship at NCC for Season 2014-15

As we move towards the 2015-15 season we would love for new businesses to get involved and participate at our club. If any players or friends know of a business that may be interested in sponsoring the club please get in contact with either Roger, Derek or Dave.

### Sponsorship Benefits

As a club sponsor you will become a true partner of the Nunawading Cricket Club's development and performances.

Being a part the Nunawading Cricket Club is a great investment in supporting our local community and provides a great avenue to network, promote and enhance your company's reputation and goodwill through the exposure it offers.

We would love for our club to become your club!

In return for your commitment and support you will receive immediate exposure for your business and we will become strong advocates of you and encourage our members, families and friends to support your business.

### Sponsorship Opportunities

We have assembled several base sponsorship packages that represent great value for money but also have some flexibility to be tailored to suit your needs, wants and budget.

#### Marketing, Communication & Advertising

- Members, families and friends

- Newsletter and E-communications

- Website promotion and special placement of advertisements and offers

- Social Rooms

- Social Events

- Match Day "Sponsor of the Round"

- Pavilion and Ground Advertising

- Merchandise

- Social Room Hire

### Contacts

Roger 0421 929 834

Derek 0439 380 273

Dave 0438 569 822